

## Sweet & Spicy Chicken Stir Fry

Great tasting stir fry recipe from Webbs Butchers, which uses the Argentina Marinade from ScobiesDirect.

### Method

#### Ingredients

		%	Example Batch (g)
1	ARGENTINA MARINADE 3KG PAIL, SJ# MM12630	6.0%	116
2	CHICKEN BREAST	62.0%	1,200
3	DICED BELL PEPPERS	16.0%	310
4	DICED ONION	15.0%	290
5	CHILLIES	1.0%	19
		<b>100%</b>	<b>1,935</b>

- 1 Slice the chicken breast into small pieces - about 1/4-inch thick. Slice the bell peppers and onion. Combine the ingredients and mix well

### Cooking Suggestion

Stir Fry in a wok or frying pan for around 15 mins. Ensure meat is cooked thoroughly before serving.

### Serving Suggestion



Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at [www.scobiesdirect.com](http://www.scobiesdirect.com)

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