

## Gluten Free Chicken or Turkey Burger

This delicious chicken or turkey burger will give you a superb, healthy alternative to beef. Great flavour and texture which tastes great off the grill or BBQ.

### Method

#### Ingredients

		%	Example Batch (g)
1	GLUTEN FREE CHICKEN/ TURKEY BURGER MIX 1KG, SJ# SE31285	10.0%	1,000
2	POULTRY	80.0%	8,000
3	ICED WATER	10.0%	1,000
		<b>100%</b>	<b>10,000</b>

- 1 Mince meat through a 5mm plate
- 2 Add seasoning and mix
- 3 Add water and mix again
- 4 Re-mince through a 5mm plate
- 5 Press into required size of burgers

### Cooking Suggestion

BBQ, grill or pan-fry. Cook 4-6 mins, turn during cooking.

### Serving Suggestion

Image: Gluten Free Chicken or Turkey Burger

Remember you can buy all your Ingredients, Packaging, Sundries and Machinery at competitive prices at [www.scobiesdirect.com](http://www.scobiesdirect.com)

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